



# MATS UNIVERSITY

MATS university school of Fashion Designing & Technology

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## NOTICE

No. MU/MSFDT

Date: 10/09/2019

This is to inform all the students of MATS University, School of Fashion Designing & Technology that the dept is going to organize a **"Health & Wellness Seminar on 18/09/2019(Wednesday) by International Marketing Corporation(IMC) Foundation a 100% Herbal & Ayurvedic products manufacturing company"**. In that seminar experts from IMC foundation will give you knowledge about health & beauty Tips, woven's hygiene, weight Management, importance of nutrition & exercise, common problems related to women, depression & stress management, empowerment & motivation. It is compulsory seminar for all the girls of all semesters. Identity cards will be compulsory during seminar. Further details are as follows :-

Experts from IMC Foundation

- 1) Mr. Manoj Haldar(C.G Manager ,IMC)
- 2) Mrs. Neeta Sharma(BAMT, Triopathy specialist)
- 3) Mrs. Insiya Hussain (Physiotherapist & Health Consultant)

Date : 18/09/2019(Wednesday)

Timing : 10:30 am TO 1:30 pm

Venue : Mats School of Fashion Designing & Technology (MSFDT DEPT)



Mrs. Parvinder Kaur

H.O.D

Mats School Of Fashion Designing & Technology