

MATS School of Arts & Humanities (Psychology)

MSAH-P

Brief introduction of the Department

The Psychology plays major role for the development of any individual therefore this course is designed to provide a brief introduction to some of the elements of Psychology that affects our day to day life with respect to perception, memory, learning, social behavior in the society. The goal of department is to facilitate self-discovery in the students and ensure their enthusiastic and effective participation for needs and challenges of society. The course intends to enable students in developing skills and competencies to meet the challenges and requirement of the real world effectively. The Department is dedicated for nurturing the science of psychology through research and teaching in undergraduate and post graduate levels. The faculties of department provide exposure to the students in such a way that they are able to develop their behavior, cognition, emotion, health, motivation, personality etc. Successful graduates are able to function as independent psychology experts who effectively apply scientific principles and methods for enhancement of human behaviour. The goal is achieved by helping students to acquire knowledge and application of psychological theories, research findings, methodology, ethics and appropriate professional practices. The Psychology department under the MATS School of Arts & Humanities provides strong foundation to the students for their career and offers a wide range of quality resources.

Courses Offered by the School of MSAH-P

Course	Selection Criteria
B.A. (HONS.) Applied Psychology	Merit List
M.A. (Psychology)	Merit List
PGDGC	Merit List
M. Phil.(Psychology)	Entrance test
Ph.D. (Psychology)	Entrance test

B.A. (HONS.) Applied Psychology

Bachelor of Arts in Psychology focuses on an essential and fundamental understanding of the major elements in the field of Psychology. Learners in this major are able to evaluate Psychological theories and research while examining ethical issues in the practical application of Psychological theories. Bachelor of Arts in Psychology is designed for individuals who wish to complete a general degree in Psychology or prepare for an advanced degree in psychology. Hence the syllabus is created keeping in mind the changing nature of the society, educational institutions, the workplace and inculcate the required competencies in the students to understand and respond to the same efficiently and effectively.

Semester I <ul style="list-style-type: none"> • Introduction to Psychology- I • Research Methodology & Data Processing in Psychology- I • Environmental Science • GE-1** 	Semester II <ul style="list-style-type: none"> • Introduction to Psychology- II • Research Methodology & Data Processing in Psychology- II • English Communication • GE-2** 	Semester III <ul style="list-style-type: none"> • Applied Social Relation- I • Life Span Development • Systems in Psychology • AEEC-1* • GE-3**
Semester IV <ul style="list-style-type: none"> • Applied Social Relation- II • Health Psychology • Systems in Psychology • AEEC-2 • GE-4** 	Semester V <ul style="list-style-type: none"> • Understanding Psychological Disorders- I • Foundation of Industrial/Organizational Psychology- II • DSE-1*** • DSE-2*** 	Semester I <ul style="list-style-type: none"> • Understanding Psychological Disorders- I • Foundation of Industrial/Organizational Psychology- II • DSE-3*** • DSE-4***
ABILITY ENHANCEMENT ELECTIVE COURSE (AEEC) (SKILL BASED) (Any 2, 1 in Sem III and 1 in sem IV): <ol style="list-style-type: none"> 1. Stress Management (Theory+ Practical) 2. Effective Leadership (Theory+ Practical) 3. Intergroup Relations (Theory+ Practical) 		
ELECTIVE DISCIPLINE SPECIFIC DSE (Any 4) (2 in sem V and 2 in Sem VI): <ol style="list-style-type: none"> 1. Understanding Psychology (Theory+ Practical) 2. Youth Psychology (Theory+ Practical) 3. Living in Media World (Theory+ Practical) 4. Psychology at Work (Theory+ Practical) 5. Project/Dissertation 		
ELECTIVE GENERIC (GE) (Any 4, 1 each in sem 1, 2, 3 and 4) <ol style="list-style-type: none"> 1. Community Psychology (Theory+ Tutorial) 2. Psychology for Living (Theory+ Tutorial) 3. Diagnostic Psychology (Theory+ Tutorial) 4. Environmental Psychology ((Theory+ Tutorial) 5. Communication Competence (Theory+ Tutorial) 		

Program Specific Outcome:

Master of Arts in Psychology (M.A.)

Post Graduates in Psychology can become professional psychologist who Master the theories and methods of the science of Psychology at an advanced level and after the course they practise as consultant professional psychologist independently.

Post Graduates of Psychology are also able to practice relationally informed psychotherapy ranging from community mental health centres, hospitals and private practise.

<p>Semester I</p> <ul style="list-style-type: none"> • Basic Psychological processes – I • Social Psychology • Basic Research Methodology • Psychopathology • Practicum : Experiments. 	<p>Semester II</p> <ul style="list-style-type: none"> • Basic Psychological processes – II • Group Processes and Cultural Psychology • Advance Research Methodology • Physiological Psychology and Health Behaviors • Practicum : Testing
<p>Semester III <u>Compulsory Paper</u></p> <ul style="list-style-type: none"> • Personality and Indigenous Psychology • Psychological Assessment-I • Cognitive Psychology <p><u>Optional Paper: One Papers from any one of the three groups</u></p> <p>Group A</p> <ul style="list-style-type: none"> • Psychology of Management Organizational Behaviour <p>Group B</p> <ul style="list-style-type: none"> • Psychology of Education Educational and Instructional <p>Group C</p> <ul style="list-style-type: none"> • Clinical Psychology Clinical Diagnosis <p><u>Practicum</u></p>	<p>Semester IV <u>Compulsory Paper</u></p> <ul style="list-style-type: none"> • Life Span Development • Psychological Assessment-II • Psychology of Cognitive Abilities <p><u>Optional Paper: One Papers from any one of the three groups</u></p> <p>Group A</p> <ul style="list-style-type: none"> • Psychology of Management Human Resource Development and Management <p>Group B</p> <ul style="list-style-type: none"> • Psychology of Education Basics of Psychological Guidance and Counselling <p>Group C</p> <ul style="list-style-type: none"> • Clinical Psychology Psychotherapeutic Counselling <p><u>Practicum</u></p>

Program Specific Outcome:

Post Graduate Diploma in Guidance and Counseling (PGDGC)

Guidance and Counselling are evolving fields to meet the needs of individuals in schools, colleges and communities to improve their understanding, adjustment and daily functioning during the lifespan.

The programme emphasises a developmental perspective focusing on issues pertinent to providing guidance, counselling services and counselling programme development. In this programme the main emphasis is given on the requirements for counsellors, the parameters required for personal and professional development, appreciation of diversity and demonstration of understanding ethical and legal issues. The practical in the course allows application of theories and techniques leading to effective individual and group counselling.

Semester I	Semester II
<ul style="list-style-type: none">• Psychological Guidance• Counselling Theories And Techniques• Positive Psychology, Personal Growth• Practicum :• Field Work :	<ul style="list-style-type: none">• Psychosocial Problems of Specific Population• Psychological Assessment In Specific Populations• Prevention And Management Of Specific Problems• Internship• Comprehensive Viva-Voce

Program Specific Outcome: