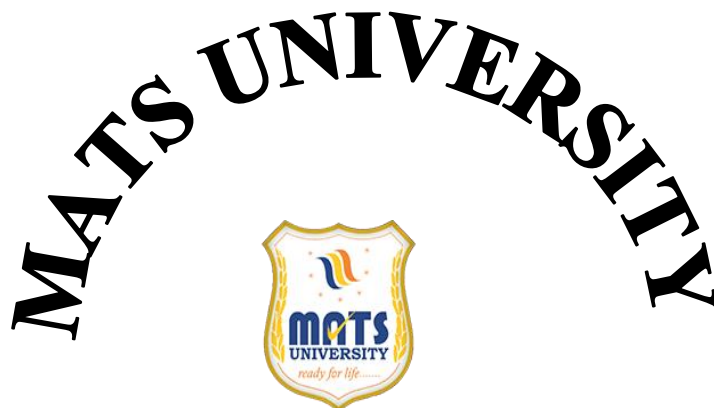




# MATS UNIVERSITY

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Raipur Campus - MATS Tower, Pandri, Raipur – 492 002(CG)  
Tel: 0771 – 4078995, 4078996(Extn-122) Fax: 0771 – 4078997

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## STUDENT SUPPORT AND GUIDANCE

### GUIDANCE AND COUNSELING

The Guidance and Counseling cell of the college provides a wholesome and conducive environment for all round development of the students. This is a team effort involving principal, faculty members and the counsellor. Various guidance and counselling services provided to the students are as follows:

- In the beginning of the academic session the cell provides orientation to the students about the functioning of the college, learning resources and other technological arrangements available as well as the institutional values.



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- The cell organizes various lectures for the graduates and post graduates students of the college to improve their overall personalities that help them to meet challenges in global competition and new market paradigms.
- It organizes various training programmes including those on personality development, training for confidence building, positive self esteem, time management, interpersonal skills to face interviews.
- It provides personal, vocational and career counselling to the students on one-to-one basis.
- The cell addresses their specific personal problems, opportunities for employment as well as career development and provide guidance to appear for competitive examinations.



## CAREER COUNSELING:

The students of MATS University organize career fest in different schools especially for the students of B.Sc & M.Sc to provide information regarding different career opportunities. Students disseminate detailed information on various careers by displaying on charts, showing power point presentations and by holding interactive sessions with the students. The activity is highly appreciated by school principals and teachers and they always look forward for this activity to be conducted in their schools.

- Career fest is organised in groups for the B.Sc students by the class of Post Graduate Students in Guidance and Counselling to disseminate information relate to different career options.





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## REMEDIAL CLASSES

Academically low achievers are identified by the teachers on the basis of their performance in class tests, snap tests and house examination. Following measures are taken for the betterment of such students:

- The tutorials and remedial classes are conducted for these students to provide support in difficult areas of learning,
- Students are encouraged to sharpen their listening and writing skills and to improve communication skills to overcome language barriers.
- Adequate practice work is given to these students.
- Additional Reading material and simplified notes. Quick revision points prepared by the faculty members.
- Individual attention is being paid to them.
- Providing Friendly environment for Motivation and confidence building
- Slow learners may approach the concerned teachers during their free periods
- Psycho-social counselling is also provided by teachers and a qualified counsellor to students whose studies get adversely affected by personal or emotional problems.



## MOOT COURT





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**Moot court** is an extracurricular activity at many law schools in which participants take part in simulated **court** proceedings, usually involving drafting memorials or memoranda and participating in oral argument.

In most countries, the phrase "**moot court**" may be shortened to simply "**moot**" or "mooting." A *moot court* competition simulates a *court* hearing (usually an appeal against a final decision), in which participants analyse a problem, research the relevant law, prepare written submissions, and present oral argument.



## YOGA:

**Yoga** is a group of physical, mental, and spiritual practices or disciplines which originated in ancient India. There is a broad variety of yoga schools, practices, and goals in Hinduism, Buddhism and Jainism. Among the most well-known types of yoga are Hatha yoga and Rāja yoga.







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## CARRIER Guidance



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